

Righteous Pro-Heart™ Oil

Ingredients: 100% Cold Pressed Extra-virgin Rapeseed Oil

Allergens: None

Storage: Store in a cool dry place. Do not refrigerate.

Pro-Heart Oil is the best source of Omega 3, and has the lowest level of saturated fat compared to Sunflower Oil, Olive Oil & Corn Oil.

	Saturated Fat	Omega 3
PRO-HEART OIL	6% (Lowest)	9.6% (Highest)
Sunflower Oil	12%	0.1%
Olive Oil	14.3%	0.7%
Corn Oil	14.5%	0.9%

Nutrition per 100ml	
Energy	3656kj / 889kCal
Protein	< 0.1g
Carbohydrates	1.1g
Sugars	< 0.1g
Total Fat	98.3g
- Saturated Fat	6g
- Monounsaturates	63.8g
- Polyunsaturates	27.4g
of which Omega 3	9.57g
of which Omega 6	17.2g
- Trans Fat	-
Fibre	0.1g
Sodium	< 0.5g

