

Mild English Blue Cheese & Cider

Ingredients:

Water (33%), Rapeseed Oil (28%), Dehydrated Blue Cheese (18%), Apple Juice, Dried Dill Weed, Cider Vinegar, Salt, Citric Acid, Xanthan Gum (a natural stabiliser derived from glucose)

Allergens: Contains Milk

Storage: Refrigerate and once opened, consume within 3 weeks



Nutrition per 15ml serving

Energy	222kj/ 54kCal
Protein	1.1g
Carbohydrates	0.4g
Sugars	0.4g
Fat	5.4g
Saturated Fat	1.1g
Fibre	0.04g
Salt	trace

Guided Daily Amounts

	Women	Men
Energy	2000kCal	2500kCal
Protein	45g	55g
Carbohydrates	230g	300g
Sugars	90g	120g
Fat	70g	95g
Saturated Fat	20g	30g
Fibre	24g	24g
Salt	6g	6g